



OPEN WATER 2010 BOOKING FORM (Internal)

(a separate form must be completed for each person)

Please note that all fields must be completed, as an incomplete form will be rejected

| |
|--|
| Name and Address Inc post code |
| Telephone numbers |
| Date of Birth Age |
| Medical Conditions/Health problems* |
| Swimming Ability/previous <u>lifesaving/life guarding qualifications</u> (please list all): |

| Dates of sessions | Venue | Time (meet at) | High Water (height & Time) |
|----------------------------------|------------------|----------------|---|
| 16 th May 2010 | Debdale | 09.30am | N/A |
| 13 th June 2010 | Fleetwood | 11.10am | 8.9M |
| 27 th June 2010 | Debdale | 09.30am | N/A |
| 11 th July 2010 | Fleetwood | 10.00am | 8.7M |
| 31st July 2010 | Fleetwood | 14.00pm | This meeting is on <u>Saturday</u> |
| 22 nd August 2010 | Debdale | 09.30am | N/A |
| 12 th September 2010 | Fleetwood | 13.00pm | 9.5M |
| 26 th September 2010 | Debdale | 09.30am | N/A |

| Dates of Theory Sessions | Venue | Time | Notes |
|-----------------------------------|--------------------------------------|---------------|---|
| TBA – by local lifesaving teacher | On site at local club or above venue | TBA with club | All theory sessions should be logged and authorised |

TOTAL AMOUNT INCLUDED WITH THIS FORM: £

SIGNATURE*

DATE*

Parent or Guardian must sign if under 18

This application is subject to the Rules and Regulations of Broadway and Failsworth Lifesaving Club



Award Information – OPEN WATER 2010

Please enter the dates you will attend in the end column against the requirement and submit fee with application form.

| | | Dates attending |
|---|---|-----------------|
| Young peoples programme | Prices available on request (dependent on number of candidates attending) | |
| Bronze Cross | Prices available on request (dependent on number of candidates attending) | |
| Silver Cross | Prices available on request (dependent on number of candidates attending) | |
| Assistant Beach Lifesaver | Prices available on request (dependent on number of candidates attending) | |
| Beach Lifeguard | Prices available on request (dependent on number of candidates attending) | |
| Ongoing training | Prices available on request (dependent on number of candidates attending) | |
| Beach Lifeguard ongoing training | Prices available on request (dependent on number of candidates attending) | |
| Aquatic Rescue | Prices available on request (dependent on number of candidates attending) | |

| Award | Total number of training hours required |
|---|---|
| Young peoples programme | Minimum of 5 Open Water sessions |
| Bronze Cross | Minimum of 5 Open Water sessions |
| Silver Cross | Minimum of 5 Open Water sessions |
| Assistant Beach Lifesaver | Minimum of 5 Open Water sessions |
| Beach Lifeguard | Minimum of 32 Hours (inc Pool, Theory & Open water (see exemptions below) |
| Beach Lifeguard ongoing training | 10 hours per year (total 20 hours over a two year period) |
| Aquatic Rescue | Maximum of 12 hours dependent on ability |

| Qualification | Exemption |
|--|------------------------|
| A current Bronze Medallion or NARS | Deduct 12 hours |
| A current Life Support 3 Award | Deduct 6 hours |
| A current First Aid at Work Qualification | Deduct 9 hours |

Note: Regardless of current qualification a candidate may not be awarded more than 12 hours off the stipulated minimum of 32 hours.

Please note that all fields must be completed, as an incomplete form will be rejected



Conditions of Application – OPEN WATER 2010

In line with recommendations in Lifesavers Child Protection Policy the promoters of this event request that any person wishing to engage in any form of Video or Photography (including mobile phone technology) should register their name and address with the event organiser (Broadway and Failsworth Life Saving Club) before carrying out any such photography.

The promoter reserves the right of entry to this event and reserves the right to decline entry to any person who is unable to meet or abide by the promoters conditions. Please mention the above requirements to parents, family and friends who may be attending the sessions.

- It is imperative that all session begin promptly. Please arrive on time.
- A small number of wetsuits (for the younger members) can be borrowed for the open water seasons only, for an **non-refundable charge of £5.00**, from the club on a first come first served basis
- Do not enter the water unless instructed by your trainer/examiner
- Appropriate clothing must be brought for each session (i.e. Wetsuit/yellow t-shirt/quartered hat)
- Suitable footwear must be worn at all times
- Please notify the club if you (or family) intend to use a camera or video (see above)
- NOTE – A minimum of 5 Open Water sessions (all sessions must be attended for Beach Lifeguard) must be completed for any award plus theory to equal the total number of training hours required.
- Assistant Beach and Beach Lifeguards Awards -these will only be awarded at the end of the open water (season) to the candidates with the required number of training/ open water attendance hours, including theory.
- Please book early as under the recommendation of the risk assessment, numbers will be limited.
- Risk Assessment– please do not turn up on the day as place numbers are limited and strictly for applicants only
- Please make sure that all information required is complete, as incomplete booking forms will be rejected.

The above criteria will be adhered to for your safety

I have read and understood the conditions of application

Parent/Guardian signature.....

Member's signature.....

Return all completed forms to Danny Wood